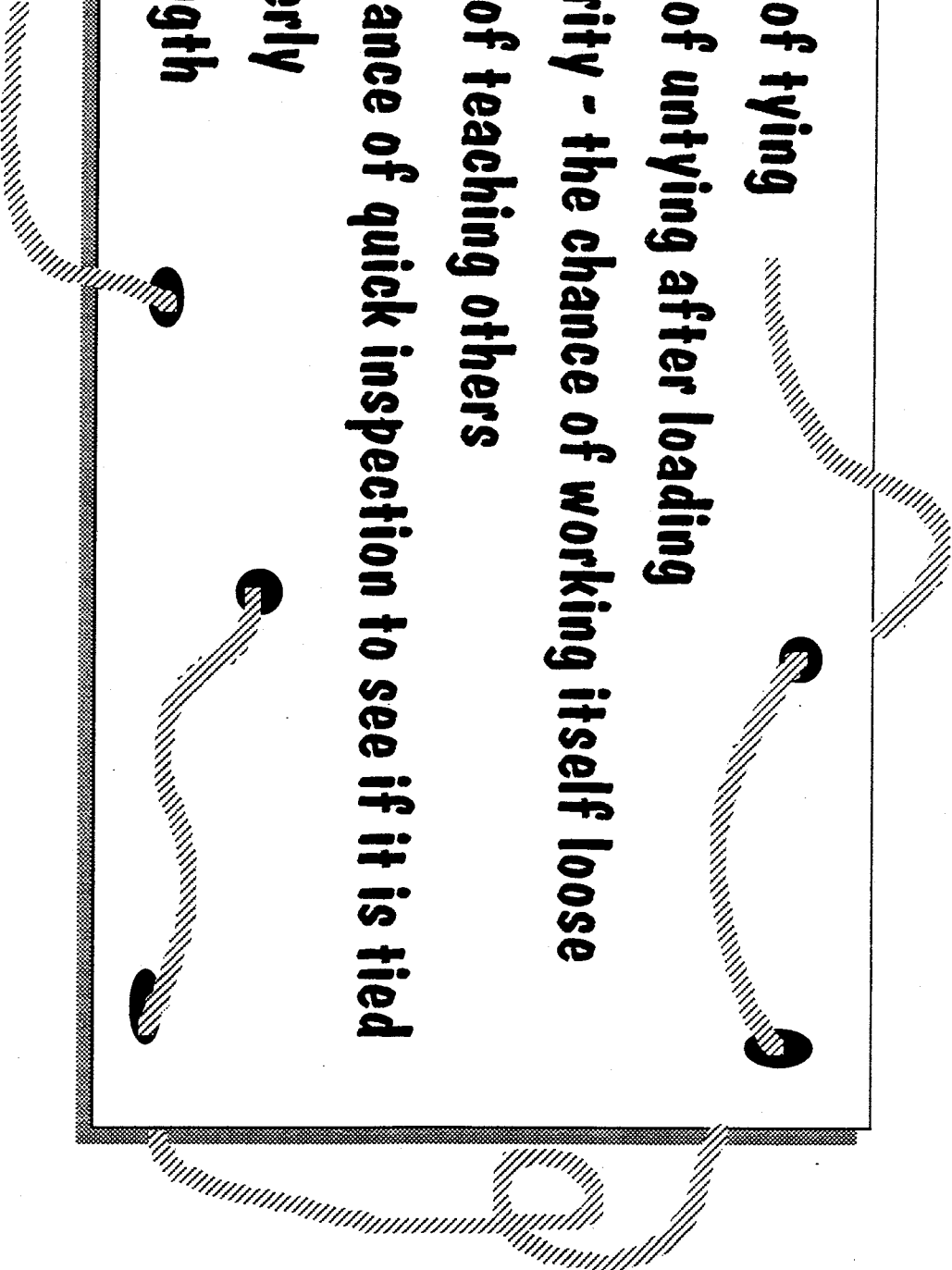


# ***Knot Selection Criteria***

- 1. Ease of tying**
- 2. Ease of untying after loading**
- 3. Security - the chance of working itself loose**
- 4. Ease of teaching others**
- 5. Allowance of quick inspection to see if it is tied properly**
- 6. Strength**



# *Knots to Know...*

- **Overhand**
- **Half Hitch**
- **Figure Eight**
- **Bowline**
- **Figure Eight on a Bite**
- **Figure Eight Follow Through**
- **Figure Eight Follow Through Bend**
- **Grapevine or Double Fisherman's Bend**
- **Overhand Bend**
- **Prusik**



**... and backups  
for all of them**