

Pacing and Traverse

IF YOU DARE !!!!

How many of your paces are in 50 meters?
100 meters?

How many meters in 30 paces?
50 paces?

Traverse #1

6 paces at 45 degrees
6 paces at 135 degrees
6 paces at 225 degrees
6 paces at 315 degrees

Traverse #2

5 paces @ 90 degrees
6 paces @ 135 degrees
6 paces @ 180 degrees
5 paces @ 270 degrees
6 paces @ 360 degrees
6 paces @ 315 degrees

Traverse #3

30 m @ 230 degrees
40 m @ 90 degrees
50 m @ 292 degrees
30 m @ 90 degrees