

SAR Basics – Assigned Work

Student Name: _____

Date of Course: _____

If you have questions, or are unable to attend the second weekend please e-mail Brett Wuth wuth@acm.org or call 403-627-2460.

For the start of the second weekend of the course, please complete the following material.

- If you have not already provided it, bring a copy of your ICS 100 (or higher) certificate. This approximately 3 hour course is available from multiple sources, including for free on-line from the Alberta government. See http://pcsar.webhop.org/mediawiki/index.php/ICS_100
- Bring a copy of your Standard First Aid (or higher) certificate. If you do not have a current certificate, you can complete the course, but your SAR Basics certificate will be held until you obtain first aid certification.

Communications is such an important aspect of SAR, so please review the following material:

- Study Guide for Restricted Operator Certificate <http://goo.gl/LxDpIm>
- Basic SAR Skills Manual: Appendix 4 (pg F-9)

In particular:

- memorize the phonetic alphabet
- memorize the Procedural Words
- study the examples on how the Procedural Words are used

Some portions of the SAR Basics syllabus are easier read by the student, than *read to* the student by the instructors. During the break between the first and second weekend, please read the following material. In the Basic SAR Skills manual. To verify that you've read the material, please submit one exam-style question *and answer* for each section and be prepared for a test of the material on the next weekend. Your question may be added to a future exam bank.

- Survival, Body Management, & Fitness**

Basic SAR Skills Manual: Ch.3 "Fitness for SAR" (pages B-3 to B-5), Ch.24 "Survival (Body Management)" (pages E-3 to E-10)

Exam-style question: _____

Answer: _____

- Clothing, Personal Protection, & Personal Equipment**

Basic SAR Skills Manual: Ch.4 "Clothing" (pages B-7 to B-20)

Exam-style question: _____

Answer: _____

(more on other side)

Field Health and Hygiene

Basic SAR Skills Manual: Ch.6 "Field Health and Hygiene" pages B-31 to B-34

Exam-style question: _____

Answer: _____

Environmental Hazards in SAR

Basic SAR Skills Manual: Ch.9 "Environmental Hazards in SAR" (pages B-53 to B-56)

Exam-style question: _____

Answer: _____

Animal, Insect, Snake Hazards

Basic SAR Skills Manual: Ch.10 "Animal, Insect, Snake Hazards" (pages B-57 to B-62)

Exam-style question: _____

Answer: _____

First Aid

Basic SAR Skills Manual: Ch.11 "First Aid" (pages B-63 to B-75)

Exam-style question: _____

Answer: _____

Inland Water Search

Basic SAR Skills Manual: Ch.19 "Inland Water Search" (pages C-63 to C-66)

Exam-style question: _____

Answer: _____

SAR Resources, Technology, & Power Tools

Or Basic SAR Skills Manual: Addendum 5 "SAR Technology" (pages F-15 to F-16) and Addendum 11 "SAR Transportation" (pages F-61 to F-66)

Exam-style question: _____

Answer: _____

Urban SAR

Basic SAR Skills Manual: Addendum 16 "Urban SAR" (pages F-89 to F-94)

Exam-style question: _____

Answer: _____