## 2010-02-09 Rope Rescue training

## From PCSAR

Tuesday February 9, 2010

19:00 - 21:00 at the Fire Hall

Rope Rescue practice.

## Agenda:

NW KY

- Knots, Bends and Hitches
  - (from BC PEP RRM Chapter 4)
  - Demonstrate the following knots and ties:
    - Italian hitch
    - Blocking knot
    - ✓ Clove hitch
    - Radium release hitch
    - **V** Butterfly knot
    - ್ರ∎ Block and tackle
  - Properly stack and coil rope
  - Integrate seat and chest harnesses
- Equipment
  - (from BC PEP RRM Chapter 3)
  - Describe the safe working load limits of rescue equipment and systems
  - Describe the properties, use and proper care of:
    - High stretch and low stretch rope
    - Webbing and sling material
    - Accessory cord
    - Pulleys
    - Rigging plates
    - Personal descenders
    - Rescue brake bar racks
    - Edge protection
    - Personal ascending devices
    - Helmets
    - Harnesses
    - Gloves
- Belay Systems
  - (from BC PEP RRM Chapter 6)
  - Build belay systems for single and multi-person loads
  - Demonstrate the properties of types of belay devices used in rescue
  - Operate various belay devices
  - Tie-off any of the belay devices

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water/tope bend dressing.

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## **REGISTRATION / SIGN IN**

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